

MALIBU

THE NATURAL

MARIEL HEMINGWAY LAUNCHES A HEALTHY-LIVING INITIATIVE

PHOTOGRAPH BY ANDREW McLEOD



Though she could have sailed through life on her famous last name, Mariel Hemingway, 51, has forged her own path—or paths—as an actress, cookbook author and, most recently, documentary subject. *Running From Crazy*, an Oprah Winfrey–produced movie centered on Hemingway, examines her clan’s bitter struggle with suicide and mental illness and premiered in January at the Sundance Film Festival. “The film is a personal story of one woman’s triumph over adversity,” says Hemingway. “I hope viewers will be inspired by my journey and that other families dealing with mental illness will realize that they’re not alone.” Now the Malibu resident is taking on the role of lifestyle

guru, with a holistic diet-and-wellness initiative called Running With Nature (runningwithnature.com) aimed at inspiring others “to find your own unique ways of living an amazing life.” The program, founded with her partner, former stunt man Bobby Williams, is based on the couple’s philosophy of good food, less stuff and plenty of laughter. Their new companion book, *Running With Nature*, shares the couple’s approach and also contains recipes that emphasize fresh, organic and local ingredients. “I was the girl that ate every way,” says Hemingway. “I was macrobiotic, I was vegan. I was on the search to be healthy. Now I’ve come full circle with a diet that’s just simple and clean.”



Crispy beef at Mr. Chow; the exterior of Nobu

ASIAN HAUTE SPOTS

“It’s by the ocean... it’s Los Angeles at its best,” says restaurateur Michael Chow about why he decided to bring an outpost of his famed Mr. Chow franchise to the Malibu Country Mart (in the former Nobu space). Like its sister locations in Beverly Hills, London, Miami and New York City, the restaurant, which opened this spring and was designed by Chow himself, exudes high-gloss glamour with its white-on-white décor, a glass-topped bar and an open kitchen where diners can watch chefs preparing classic Mr. Chow dishes, including green prawns, chicken satay and Ma Mignon (3835 Cross Creek Road; mrchow.com).

Nobu, meanwhile, has relocated a few miles down the road to a tony beachfront development owned by Oracle honcho Larry Ellison. Designed by local architecture



firm Studio PCH, the minimalist 6,000-square-foot space comfortably seats 220 and boasts a lovely, sun-dappled patio. Already a popular spot for dinner—Britney Spears and Robert Downey Jr. are regulars—the restaurant recently launched a lunch and brunch menu. Highlights include truffle steak and eggs, Malibu “Takumi” burgers and pastrami salmon crispy rice—a sushi bar by way of the deli counter indulgence. (22706 Pacific Coast Highway; noburestaurants.com)

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MOVIES UNDER THE STARS

Grab a picnic basket and blanket, and head to the Malibu Country Mart for the shopping center’s first annual film series. One Sunday a month, the mart will screen family-friendly fare—*Endless Summer Revisited*, *Madagascar* and *The Goonies*—on the main lawn. The movies will start at 8:15 (or roughly 15 minutes after sunset). malibucountrymart.com

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ENDLESS SUMMER REVISITED (2000)7/14
MADAGASCAR (2005)8/11
THE GOONIES (1985)